

Kingston boost for Ghana

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Injured Ghana midfielder Laryea Kingston will be available for the Black Stars when they take on Sudan on 20 June.

Doctors of his Scottish club have revealed that he will stay out of action for four weeks to recover from a hamstring injury. This means he would have just recovered from the injury ahead of the Black Stars' clash with Mali on 6 June on Bamako. But Kingston will be fit for the game in Khartoum as he would have recovered to play a part in the World Cup qualifier. "Doctors have ruled me out for four weeks so this means I have to start running from next week as it is already one week since the injury," Kingston told Ghanasoccernet.com "It is not likely that I will play in the Mali game but I should be fit to face Sudan." It was feared the midfielder would not be available for Ghana for the crucial World Cup qualifiers. Kingston suffered the latest injury last week having recovered from a three-month injury-induced absence. His presence in the Black Stars will give coach Milovan Rajevac the thrust needed in central midfield ahead of the two crucial away World Cup qualifiers next month.